



## Cascade3d Connected Care App Review

I have been using the Cascade3d app frequently for about six weeks now. The Cascade3d Connected Care System is installed in my father's house and this enables me to keep an eye on his movements when I am working or away.

The app was very quick to get used to and I use it at least eight times a day. I check first thing in the morning to see what Dad has been up to during the night, as he's not meant to get up! I also look to see that the Carers are visiting and in fact, the Carers on Monday night were only there for half an hour when they are meant to visit for an hour so I was able to flag that up with the company. I mostly view the timeline, as it opens so quickly and I can instantly see where the last movement was in his home as the black line is a clear indicator of the current time.

I sometimes check the temperature chart but I am not so worried about this as we do have people coming and going throughout the day. However, it is easy to use too, as you can just hold your finger down on the line and it will tell you to which room the temperature is linked.

The Cascade3d app has made the information much more accessible for my sister and brother. They were not logging onto the online dashboard very often and as I take on most of the responsibility, they did not feel they needed to do so. But they are now regularly looking at the app and messaging things they have noticed to me like 'Dad didn't get up in the night' or 'Did you see the Carer turned up early'. I was taken aback as they had not really made the effort to use it before. My father also enjoys viewing the app and looking back to see what he has done during the day. He finds it interesting and helps remind him of his movements.

So, the app is definitely more accessible – it's fantastic!

Sarah Cray

