

## Wearable Technology

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#### Agenda

#### Who are we

How are we qualified to comment?
Wearable Market Explosion
Managing the Experience
Program Examples
7 Day's a week

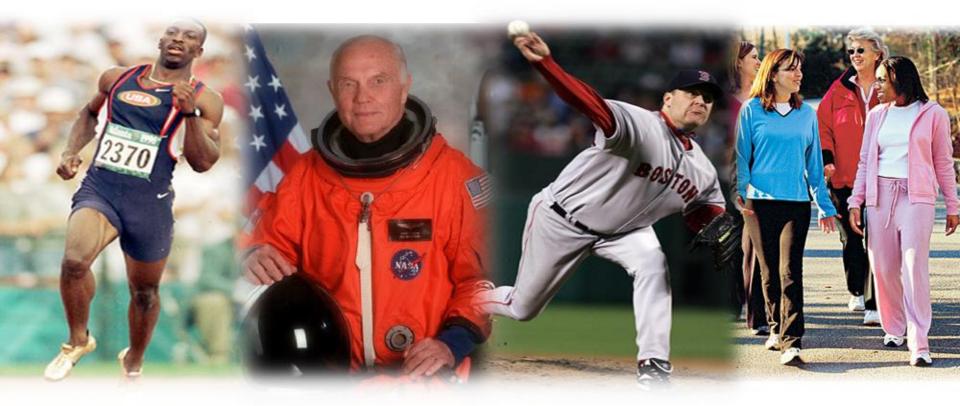
#### Who is FitLinxx?

## Most popular health and fitness technology company you have never heard of

- Make devices that track fitness and health for over 20 years
- Embed our technology into health and fitness devices
- 100 health and wellness program providers
- 400 fitness centers

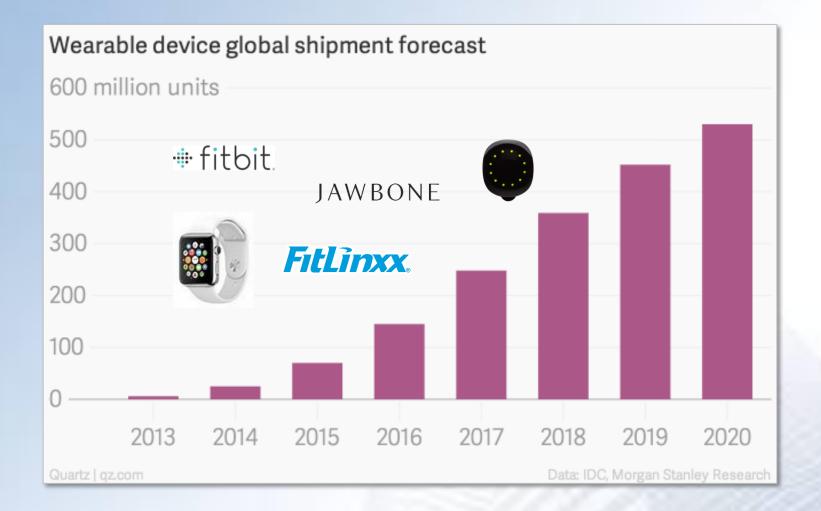


## Past, Present, Future

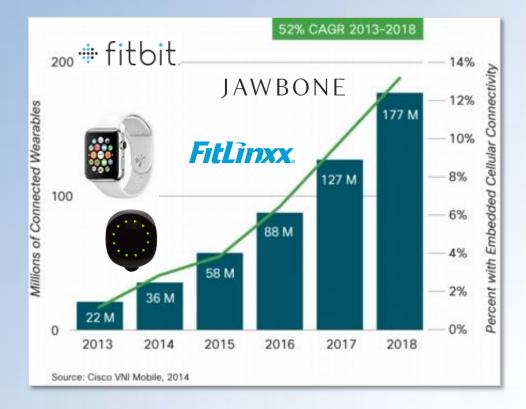




## Future of Wearable's



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83% of employers/facilities plan to utilize wearable device in programs\*

\* Keas reported results of workplace survey

#### Session based activity vs. All Day Activity tracking



## **Creating connections**

Cleveland Clinic



# 24,000 employees. 84% met their goal.

- 100,000 steps per month for 6 months to get discount on health insurance
- 80% using Pebble+ after 12 months

#### **BHF Best Practice**

- 26 week Activity program
- 75% Completion
- 20% participants lost 5% bodyweight or more
- Average age of participants 48yrs

#### **Consumer vs. Branded Coach led Program**

#### Consumer Led Unaffiliated Program







#### Facility Branded Coach led program



#### • If you haven't got a strategy for wearable tech, start one.

- 87% opportunity
- Create a 7 day value proposition for members using wearable technology
- Look at virtual programs the time is there
- Look at opportunity to scale up existing programs



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